



Take A Break Program

2024 Application Form

Our Take A Break Program supports CFCC members who are aged 21 years or older and have CF to get away and have a break.

You may be eligible to receive one of a limited number of grants of up to \$500 to assist with the cost of a holiday. Please read the details on page 2 for the terms and conditions and how to apply.

Applications will close 1 December 2024 (or earlier if all grants have been distributed)

This Program is available for members in NSW and Victoria. In Victoria, the program is generously funded by Andrew's Legacy. Andrew Carr passed away in 2008, and it was his wish that his family and friends donate money in lieu of flowers to fund the program. Andrew wanted other adults living with CF to enjoy quality time away from the 'hum-drum' of life – something he and his wife Melissa found so valuable. Andrew's family and CFCC are grateful to all who have contributed and continue to contribute to Andrew's Legacy.

Your details

Name of person with CF:		CF Clinic:
Email:		Phone:
Address:		
Suburb / Town:	State:	Postcode:

Request details – complete all sections below

What would this grant be used for?		
Proposed date of break / activity:	Full cost of break / activity:	Amount requested: <i>(up to \$500)</i>
<input type="checkbox"/> I acknowledge that I will provide proof of expenditure within 4 weeks of my break/activity if my application is successful		
My bank account details for direct deposit / bank transfer:		
Name of Bank:	Account name:	
BSB:	Account number	

Privacy and consent

I agree to the collection of the data on this form by CFCC and acknowledge that all personal information provided on this form will be placed on CFCC's database and used for purposes associated with its service and business operations / events. It will not be provided to any other person or organisation, without my prior consent, unless required by law. The CFCC Privacy Policy provides information on how to access your personal information held by CFCC and how to seek correction of such information if required. The Privacy Policy also contains information about how to make a complaint about any breach of privacy legislation. For further details, view CFCC's [Privacy Policy](#).

CFCC welcomes feedback. You can provide feedback about our programs, services and events by visiting www.cfcc.org.au/page/125/contact-us

How to apply

1. Complete all sections of the Take A Break Program application form
2. Send the application form to the CFCC Support Team at:

Email: support@cfcc.org.au

Post: NSW: 8 Parramatta Square, 49th Floor, Parramatta, Sydney 2150, Australia

VIC: 282 Neerim Rd, Carnegie VIC 3163

3. We will contact you about your application within five business days of receiving it.

Terms and conditions

You must:

- Be a 2024 member of CFCC
- Be aged 21 years or older and have CF
- Have not received a Take A Break grant in 2023 (grants are limited to one per person every 2 years)

The grant must be used in 2024 and:

- Cannot be used for overseas travel
- Can be used to cover the cost of meals, admission tickets, accommodation, airfares and the like.

If successful, you will be required to provide proof of expenses within four weeks of your break / activity

- Failure to provide proof of expenses will make you ineligible for future Take A Break grants

Applications for 2024 will close 1 December 2024 (or earlier if all grants have been distributed)

Need more information?

If you have any questions or would like more information about the Take A Break Program or any of CFCC's other services, contact us on:

Website: www.cfcc.org.au

Email: support@cfcc.org.au

Phone: 1300 023 222